

Week 1



**Sunday, February 11th**

**Lunch**

Herb Crusted Roast Pork  
Applesauce Garnish  
Mashed Fresh Sweet Potatoes  
Seasoned Cauliflower  
Ice Cream

**Dinner**

Italian Sub Sandwich  
Potato Chips  
Chilled Sliced Peaches

**Alternate Lunch**

Baked Fish Filet

**Alternate Dinner**

Chicken Salad Sandwich

**Monday, February 13th**

**Lunch**

Swedish Meatballs Served over  
Buttered Noodles  
Seasoned Whole Baby Carrots  
Jell-O Parfait Square

**Dinner**

Quiche Lorraine  
Seasoned Mixed Vegetables  
French Bread  
Chilled Apricot Halves

**Alternate Lunch**

Baked Chicken

**Alternate Dinner**

Sliced Turkey Sandwich

**Tuesday, February 14th**

**Lunch**

Hearty Beef Stew  
Flaky Biscuit  
Seasoned Broccoli Florets  
Fresh Baked Cream Puff

**Dinner**

Chicken Noodle Soup  
Tuna Salad Roll  
Pickled Beets  
Chilled Tropical Mixed Fruits

**Alternate Lunch**

Sliced Pot Roast

**Alternate Dinner**

Chicken Salad Sandwich

**Wednesday, February 15th**

**Lunch**

Chicken Marsala  
Rice Pilaf  
Seasoned Peas  
Frosted Layer Cake

**Dinner**

Shepard's Pie  
Seasoned Green Beans  
Fresh Baked Roll  
Pear and Cranberry Crisp

**Alternate Lunch**

Baked Fish Filet

**Alternate Dinner**

Hamburger on a Bun

**Thursday, February 16th**

**Lunch**

Baked Lasagna  
Tossed Salad  
Dinner Roll  
Chilled Fruit Cocktail

**Dinner**

Minestrone Soup  
Ham Salad Sandwich on Rye  
Chilled Cucumber and Onion Salad  
Sherbet Cup

**Alternate Lunch**

Swedish Meatballs

**Alternate Dinner**

Turkey Salad Sandwich

**Friday, February 17th**

**Lunch**

Baked Fish w/ Creole Sauce  
Baked Potato  
Sour Cream  
Seasoned Spinach  
Autumn Mousse

**Dinner**

Vegetable Soup  
Egg Salad Sandwich  
Mandarin Oranges  
Butterscotch Bar

**Alternate Lunch**

Roast Turkey

**Alternate Dinner**

Chicken Salad Sandwich

**Saturday, February 18th**

**Lunch**

Breaded Chicken Thigh  
Mashed Potatoes  
Seasoned Whipped Squash  
Chocolate Chip Cookies

**Dinner**

Cheeseburger Pie  
Herbed Mixed Vegetables  
Chilled Sliced Pears

**Alternate Lunch**

Pork Patty

**Alternate Dinner**

Sliced Ham Sandwich