

Week 4



Sunday, February 4th

Lunch

Sliced Roast Turkey
Bread Dressing
Cranberry Sauce
Mashed Potatoes
Winter Squash
Ice Cream

Dinner

Cheeseburger on a Bun
French Fries
Lettuce\Tomato\Pickles
Chilled Fruit Cocktail

Alternate Lunch

Pork Patty

Alternate Dinner

Chicken Salad Sandwich

Monday, February 6th

Lunch

Baked Ham
Baked Potato
Sour Cream
Seasoned Spinach
Butterscotch Pudding W/
Topping

Dinner

Texas French Toast
Sausage Links
Hot Buttered Apples
Fudge Brownie

Alternate Lunch

Baked Chicken

Alternate Dinner

Egg Salad Sandwich

Tuesday, February 7th

Lunch

Salisbury Steak
Mushroom Gravy
Continental Potatoes
Zucchini and Tomatoes
Autumn Spice Cake

Dinner

Chicken Quesadilla
Spanish Rice
Mexicali Corn
Peach Crisp W/ Topping

Alternate Lunch

Baked Fish Filet

Alternate Dinner

Sliced Turkey Sandwich

Wednesday, February 8th

Lunch

Pot Roast
Mashed Potatoes
Seasoned Cauliflower
Pineapple Upside Down Cake

Dinner

Chicken Noodle soup
Seafood Salad Roll
Marinated Broccoli and
Tomato Salad
Sherbet Cup

Alternate Lunch

Baked Fish Filet

Alternate Dinner

Chicken Salad Sandwich

Thursday, February 9th

Lunch

Chicken Alfredo
Buttered Noodles
Scandinavian Mixed Vegetables
Frosted Layer Cake

Dinner

Minestrone Soup
Philly Cheese Steak Sub
Seasoned Potato Wedges
Chilled Mandarin Oranges

Alternate Lunch

Baked Meatloaf

Alternate Dinner

Chicken Sub

Friday, February 10th

Lunch

Crumb Topped Baked Fish Filet
Lemon Wedge
Hash Browned Potato Casserole
Seasoned Carrots
Chilled Sliced Pears

Dinner

Tomato Soup
Grilled Cheese Sandwich
Marinated Green Beans
Oatmeal Cookies

Alternate Lunch

Roast Turkey

Alternate Dinner

Tuna Salad Sandwich

Saturday, February 11th

Lunch

Spaghetti with Meat Sauce
Tossed Garden Salad
Fresh Baked Roll
Fruited Gelatin W/ Topping

Dinner

Breaded Fish on a Bun
Tater Tots
Creamy Coleslaw
Ice Cream

Alternate Lunch

Grilled Hamburger Patty

Alternate Dinner

Chicken Patty on a Bun